# The Charismatic Charlie Wade Chapter 3186

### Chapter 3186

Lenan picked up the glass and drank all the water in it without hesitation.

Immediately after, she experienced a magical feeling that could not be described in words.

It is a feeling beyond the cognitive range of adults, and a wonderful experience that subverts their worldview.

The pure water she drank is like a spring that moisturizes the dry soil under the quick-release lens.

Under its action, life grows rapidly as if the acceleration button is pressed, allowing the originally dry soil to become lush green in a very short time.

Lenan has seen such scenes in many documentaries.

Place a camera in a fixed position, starting from the withering of everything in winter, and shooting until the spring flowers bloom.

Obviously, it takes a few months, but it is accelerated by the director to fully present it in a few seconds.

In a few seconds, the severe winter will warm giving way to spring, and everything will be changed from inanimate to vitality in an instant.

Whenever Lenan saw that she could feel the greatness of life more clearly, so that every time she saw it, she would lament the miracle of life in her heart.

But this time, she experienced that wonderful feeling in herself, it seemed that her life has become alive again!

The most direct feeling that Rejuvenation Pill brought to her was the rapid improvement of her physical and mental state.

She felt a little tired at first, but now, all her tiredness was wiped out at this moment.

Immediately afterward, she felt that her breathing became smoother as if a patient with a cold has blocked breathing has suddenly become smoother.

She realized that this was probably due to increased lung capacity and rapid repair of cardiorespiratory capacity.

#### Chapter 3187

The physical function of the average person begins to decline gradually from the age of 20, especially for professional athletes.

The peak state of 16 or 17 is the best, and this peak state is maintained for five years at most, and then it begins to slowly decline.

The main reason for this is the overall decline of physical functions.

Although this decline is slow for ordinary people, if you take five years as a node, you can still feel a huge difference.

At the age of twenty-five, he could run five kilometers in one breath, but at thirty, he might not be able to run three kilometers.

And she is now recovering to the state she was in a few years ago at an extremely fast speed. This feeling shocked her to the core.

Philip and Sara were also watching Lenan's state closely.

They will not know what kind of huge changes Lenan's body has undergone for a while, but what they can see is that her complexion has soon become radiant.

The most amazing thing is that the small crow's feet at the corners of her eyes began to disappear quickly, and the nasolabial lines continued to fade, and it seemed that she is several years younger.

With excitement, Sara stepped forward to hug her mother, choked up and said: "Mom...you became so young!"

Philip couldn't help but exclaimed: "Lenan, you really are a lot younger!"

Lenan raised her head to look at the coated privacy glass in the box, through the light refracted by the coating, looking at herself in it.

She was shocked to speak for a while, and then her eyes were filled with tears unknowingly.

So that the reflection on the glass became blurred.

Philip hurried forward and gently embraced her, while she fell directly on Philip's shoulder and sobbed silently.

He persuaded: "Look at you, you are so young all of a sudden, so many women can't dream, why are you crying?"

She choked and said, "I'm so excited... I was so excited that I couldn't distinguish the reality of dreams..."

"And, I've never had such a beautiful dream... Philip, tell me, what is this? Reality or am I dreaming?"

Philip smiled and said, "Of course this is not a dream. You forgot how Charlie cured me in the first place? The best cancer experts in the world said that I must die."

"I had even been told that there is only one life left. I was making preparations to die, but look at me now."

"I've been completely healed a long time ago, not only healed, but my body is much better than before in life! This is all true, and it's all from Charlie!

#### Chapter 3188

Lenan nodded lightly, then looked at Charlie, holding back tears, and said moved: "Charlie, I really don't know how to thank you..."

Charlie smiled and said, "Auntie, you are the best. Staying happy in your long life is the thank you to me."

Lenan was very moved in her heart. While wiping tears from her eyes, she nodded and said earnestly:

"Yes... I will be a hundred years old... With such good children as you and Sara."

"Your Uncle and I must do our best. To live longer with all our strength, one day less is a great loss..."

Charlie hurriedly said at this time:

"Uncle and Sara, you should also quickly drink the remaining two glasses!"

The two came back to their senses, but the more they realized the magic of this glass of water, the more they were hesitant.

Sara always felt that her family of three owed Charlie too much, so she tried to say,

"Charlie, I better not drink it. I'm still young and it's too wasteful for me to drink."

Charlie slapped his face and said seriously: "If you don't drink, then I will throw it away."

After that, he reached out and picked up one of the cups of water, pretending to pour it on the ground.

Sara was startled, afraid that he would really throw away such a valuable thing, so she subconsciously said:

"Don't throw, don't! Charlie, can't I drink it?"

He handed the water glass to her and ordered: "Then stop talking nonsense and drink it now."

Sara nodded, took the glass of water from him with both hands, looked at him affectionately, and said emotionally, "Thank you, Charlie!"

He rubbed his temples and gave a bitter smile.

Philip on the side also realized that being too polite might make Charlie feel alienated, so he also took the last glass of water and said to Sara:

"Sara, this is Charlie's kindness to us, let's talk about it., We are all a family, don't let him think that we are too far apart."

Sara nodded lightly and whispered: "Dad, I know..."

Philip smiled and said, "Come on, Dad will make a toast with you. Let's drink together!"

Sara hurriedly lifted the water cup, toasted with Philip's cup, then plucked up courage and drank it.

Philip had already experienced the feeling of going back in time, so when he experienced this feeling again this time, although his heart was excited, he was not surprised.

However, Sara was surprised and speechless.

Because, she really didn't expect that after drinking this glass of water, her body would undergo such a miraculous change.

The whole person's feeling is really like returning to when she was eighteen years old.

She couldn't help closing her eyes, carefully feeling every change that happened in her body, and thought to herself:

"If I hadn't known the magical effect of this glass of water for a long time, even if someone told me that I traveled back to six or seven years back, I would definitely no doubt..."

## Chapter 3189

Charlie looked at the three people who were at least five or six years younger physically, mentally, and by appearance, and he was particularly relieved.

After the death of his parents, he has been alone and has never experienced the feeling of having a family.

After marrying Claire, Charlie had a family, but then that family treated him at that time, it was really much worse than outsiders.

Except for his wife Claire who regarded him as a family member, no one else had any. What should a family look like?

Even though his mother-in-law and father-in-law have a very good attitude towards him, he knew very well in his heart that he had exchanged various benefits and favors.

Compared with Philip's family, it was naturally ten thousand miles worse.

After all, the feelings of Philip's family of three are from the bottom of the heart, without any interest elements, this is the real and pure family.

Seeing that the mental state of their family has been greatly improved, Charlie smiled slightly:

"Uncle, Auntie, and Sara, this glass of water just now should be able to maintain your current physical state for at least three to five years."

"During this period of time, your body's resistance will surpass that of most people, and you will basically not get sick."

Speaking of this, he added: "But you still have to pay attention to the combination of work and rest."

"Don't let yourself become busier and more tired just because your body is getting better."

The family of three nodded in unison. Lenan wiped away the tears and said soberly:

"Charlie, don't worry, I and your Uncle, will definitely put the combination of work and rest first in our routine in the future. Otherwise, would we not disappoint This gift..."

Philip also sighed: "That's right, health is the most important thing!"

Charlie said with a gratified smile: "You two have this knowledge, then I'm so happy."

As he was talking, Orvel knocked on the door and said, "Master, Miss Gu's cake is ready. Would you like me to bring it in now?"

Charlie was about to speak, Sara hurriedly said, "Don't worry!"

After speaking, she quickly said to Charlie: "Charlie, wait for me, I will check if there is any problem with the cake!"